

Breaking Free from Sexual Strongholds

Four things God teaches us about our sexuality:

1. We need to be **Real**.

“You have heard the commandment that says, ‘You must not commit adultery.’ But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart.”

~Matthew 5: 27-28

2. We need to be **Grateful**.

“‘Haven’t you read,’ he replied, ‘that at the beginning the Creator made them male and female.’” ~Matthew 19:4

3. We need to be **Committed**.

“‘Haven’t you read the Scriptures?’ he replied. ‘That at the beginning the Creator made them male and female.’ And he said, ‘This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one.’ Since they are no longer two but one, let no one split apart what God has joined together.” ~Matthew 19:4-6

“But if they cannot control themselves, they should marry, for it is better to marry than to burn with passion.” ~1 Corinthians 7:9

4. We need to be **Strategic**.

“These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates.” ~Deuteronomy 6:6-9



BREAKING free